

GRATEFUL WOMEN RESTORED TO BEAUTY AND HEALTH BY PE-RU-NA.

Neglected Colds and Spring Catarrh Make Invalids of More Women at This Season of the Year Than All Other Diseases Combined.

"An Ounce of Prevention Is Better Than a Pound of Cure."

How to Protect Yourself Against Catarrh during the Uncertain Weather of April.

"Keep the feet warm and dry."
"Also keep the chest well protected."
"Be sure to go out in the fresh air every day, so as to be accustomed to outdoor air."

HEALTH HINTS FOR APRIL.

The following of these rules will secure to each individual a reasonable guarantee against colds, coughs, catarrh, spring fever, and so forth, in spite of bluish, sleet, rain or sudden changes of temperature.

If, however, you are already the victim of a cough, loose or tight, catarrh, acute or chronic, the remedy that relieves instantly, cures quickly and restores permanently is Peruna.

A few doses of Peruna at the beginning of a cold will change the entire course of events. It operates directly on all the mucous membranes, so that the matter where the cold may have settled is bound to be reached by this searching remedy. Peruna absolutely prevents catarrh from fastening itself upon any part of the organism.

Miss Lydia Herziger, Grand Recorder of American Daughters of Independence, writes from Neenah, Wis., as follows:

"I have used Peruna now for four years, each spring and fall, and it keeps me perfectly well and strong. I am able to continue working, and do not have to take a three months' rest, as I used to do every year. This is a great comfort to me, as I was not able to afford such a long rest. I find that it is a preventive for colds and coughs and soon rid the system of all disease and is an admirable medicine."—Lydia Herziger.

Mrs. Frances Wilson, 32 Nelson Street, Clinton, Mass., writes:

"I had you seen me at the time of my illness and now, which had been most annoying for many months. I had a severe cold which attacked the bronchial tubes and after using six bottles of Peruna I was on my feet again. I think Peruna a wonderful medicine."

Miss Edna Wilson, 1415 Temple Street, Los Angeles, Cal., writes:

"Peruna cured me of catarrh of the bronchial tubes which had been most annoying for many months. I had a severe cold which attacked the bronchial tubes and after using six bottles of Peruna I was on my feet again. I think Peruna a wonderful medicine."

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.



MRS. C. MORRISON.

The Testimonials Given Here are Only a Few of Thousands of Testimonials From Thankful Women.

Cure a Cold Before It Develops Into Catarrh.

At the Beginning of a Cold is the Time to Take Pe-ru-na.

Mrs. C. Morrison, 1030 South New Jersey Street, Indianapolis, Ind., writes:

"Some months ago I contracted a severe cold returning from the theatre. This cold settled in my head and developed into catarrh of the head and nose, and I know of nothing more obnoxious. Every morning when I arose my head was all stopped up, throat dry and parched, and I would have to spray for half an hour before I could clear the head. I noticed that Peruna was advertised as a certain cure for catarrh, so I tried what it would do for me, and found after four weeks' use that it had cleared my head and throat, leaving no trace of catarrh. I therefore wish to add my testimony to the many you have as to the efficacy of Peruna."—Mrs. C. Morrison.

Spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by spring weather. This renders medicines more effective. A short course of Peruna, assisted by the balmy air of spring, will cure old, stubborn cases of catarrh that have resisted treatment for years. Everybody should have a copy of Dr. Hartman's latest book on catarrh.

With healthy mucous membranes climatic diseases lose their terror, the system is enabled to throw off contagion and health inevitably follows.



MISS BERTHA M. RUSH, OF PITTSBURG.

Miss Rush Suffered With Systemic Catarrh—Was Nervous, Had No Appetite, Grew Thin and Emaciated. She Now Looks Like a New Woman After a Course of Pe-ru-na.

Miss Bertha M. Rush, 5435 Kincadee Street, Pittsburgh, Pa., Superintendent Junior Society of Methodist Protestant Church, and leading soprano of the choir, writes:

"Words cannot describe my thankfulness to you for Peruna. I was a sufferer from systemic catarrh for years and was in a very much rundown condition. I was extremely nervous and had dition. I was foolish fears over nothing. I was thin and emaciated."

"My physician advised me to leave this climate but as it was not convenient to do so at this time, I took the advice of a friend to use a bottle of Peruna. I took it faithfully and when the first bottle was gone I felt so much better that I bought six more and took them faithfully, after which I looked like a new woman."

"I gained in flesh, my appetite returned and all my old symptoms had disappeared. I am more than thankful to Peruna."

—Miss Bertha M. Rush.

A Prominent Wisconsin Club Woman Gives Grateful Thanks to Pe-ru-na.

ANNOYING SYMPTOMS.

"Peruna Cured Me After Using Only Seven Bottles."—Mrs. M. S. Rogers

Peruna is Known in All Parts of the Civilized World. Nowhere in the United States is There to be Found a Household That Has Not Heard of Peruna, and Very Few, Indeed, Have Not at Some Time or Other Used It. Peruna is Now Acknowledged to be a Shield Against the Encroachments of Catarrh and a Remedy For All Forms of Catarrhal Diseases. It Ought to be in Every House.



MRS. M. S. ROGERS.

"I Feel Like a Different Woman Now and Am Never Troubled With Any Catarrhal Symptoms."

Mrs. M. S. Rogers, Vice President of Neenah Mothers' Club, Wis., writes:

"For years I was troubled with catarrh of the head and did not know what was the matter with me. I was rarely without a headache over my eyes, and when I took cold my head stopped up. The discharge from my head was very obnoxious, my breath was bad and I was miserable for months."

"A friend suggested that I try Peruna, and as I had heard of it before I gladly did so. My experience was the same as many others who have used it. It cured me after using only seven bottles."

"I feel like a different woman now, and am never troubled with headaches, nor offensive breath, nor any of the evils resulting from catarrh."—Mrs. M. S. Rogers.

THE BAZAAR FINE SUCCESS

Military Realize Handsome Sum and Every Feature Was Full of Interest.

BEAUTIFUL YOUNG LADIES

Contest That Brought in Good Part of the Income—All Credit Due to the Ladies.

(Special to The Times-Dispatch.)

FARMVILLE, VA., May 21.—For the second time in the recent past, Farmville has held a most successful military bazaar. That which opened on Wednesday of last week and closed on Saturday scored a splendid victory.

From opening to closing hour there was not a dull feature in the programme, but by common consent the "Trades Drill" reached the climax of the occasion.

The business houses of the town were each represented by some fair girl who was costumed to present to the public the goods, wares and merchandise of the respective houses, and many of the costumes were of the most original and attractive kind.

Miss Kate Verser, one of Farmville's fairest daughters, had command of the impromptu soldiers and handled them with the skill of an accomplished captain and the grace of a true woman.

EXCITING CONTEST.

One of the most exciting contests of the function came to the front when it had to be determined by vote who was the most popular and prettiest girl in town.

The battle of the ladies was warm and furious and when firing ceased, it was announced and received with most vociferous approval, that Miss Bessie Martin, of Farmville, had been declared the most popular, and Miss Albertina James, of Washington, D. C., a student at the State Normal School, the most beautiful.

These verdicts were rendered amidst intense excitement, but now that the calm has settled upon Farmville again, they have been ratified by popular approval.

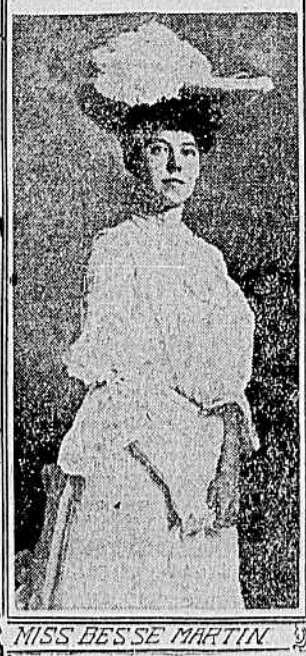
SPLENDID REPRESENTATIVES.

Miss Martin is petite of figure, winsome of manner, charming in all her movements, gentle of disposition and is the sunshine of every circle in which she moves.

Miss James is classic in feature, queenly in movement, a perfect picture of girlhood beauty and freshness. These young heroines are bearing their honors with becoming modesty, and are the most popular and beautiful because of them.



MISS ALBERTINA JAMES OF WASHINGTON, D. C.



MISS BESSIE MARTIN

drill was also given on Thursday night by the Farmville Guard, which was greatly enjoyed.

But for the ladies of Farmville, there would have been no bazaar, and to them the soldiers are truly grateful, and are encouraged to become the better soldiers, and thus the better to defend them in the quiet and peaceful enjoyment of their homes.

NURSES TO MEET.

Fourth Annual Convention Held in Norfolk Next Week.

The Graduate Nurses' Association of Virginia will hold its fourth annual meeting in St. Vincent Hospital, at Norfolk, Va., May 24th, 25th and 26th.

The following will be the order of business:

Tuesday, May 24th, executive session, 5 P. M.; general session, 8 P. M.

Wednesday, May 25th, addresses, reports of committees, etc., 9:30 A. M.; paper by member of Maryland Nurses' Association, 2 P. M.

Thursday, May 26th, papers and reports

at 9 A. M. to 2 P. M., and 4 P. M. to 9 P. M., etc.

The Auxiliary to Meet.

There will be a called meeting of the Auxiliary of the Young Men's Christian Association, Virginia Passengers and Power Company Department, on Thursday, May 26th, at 3:30 P. M., at the Y. M. C. A. building, Reservoir Park. All ladies connected with the road or interested in this movement are urged to attend the meeting.

Cottage at the Beach.

Mrs. W. M. Wade, of this city, has taken a cottage at Virginia Beach for the summer. Mrs. Wade will doubtless be visited by many of her Richmond friends during the season.

HOWITZERS' EXCURSION.

Go with the Howitzers to West Point Whit Monday, May 23, 1904. Round trip, 50 cents. Boating, Fishing and Dancing. Train leaves Southern depot 9 A. M. Returning, leaves West Point 6:40 P. M.

A Very Old Newspaper.

Mr. H. B. Anderson, of this city, has recently found in a trunk which had not been opened for years a copy of the old "Daily Whig and Public Advertiser."

SERVICES IN THE CHURCHES

Feast of Pentecost to be Observed—Sermons To-day.

Pentecost, or Whit Sunday, a great feast day of the church, will be observed in Richmond to-day. Special services will be held by the Methodists. Among the Catholics, the occasion will be made quite a notable one. At St. Peter's Cathedral, Bishop Van de Vyver will celebrate solemn pontifical mass at 11 o'clock. The sermon will be preached by the Rev. Father de Mynck, of the Cathedral, dean of the mass; the Rev. Joseph Wareing, of St. Joseph's Church, subdeacon; the Rev. Joseph Maert, of the Cathedral, master of ceremonies.

The Rev. Dr. A. S. Lloyd, of New York, will speak at Christ Episcopal Church, at 3:30 o'clock this afternoon. At night, at the same church, the Rev. G. McLaren Boydton, of Loudoun county, Va., will preach.

The address at the men's meeting at the Y. M. C. A., this afternoon, will be delivered by the Rev. L. B. Betty, pastor of the Park Place Methodist Church. His subject will be "A Wise Investment." The doors will open at 3 o'clock and the song service will begin at 3:30. The soloists will be Miss Mabel McCain and Mr. Charles E. Cooke.

Children's Day exercises will be held at 2:30 o'clock in the afternoon at Union Station Methodist Church. Dr. W. J. Young, of Centenary, will deliver the address. An attractive musical programme will be rendered by the children.

The Rev. Henry Pearce Atkins will preach both morning and night in West End Christian Church. His morning subject will be "The Forgiveness of Sin." The theme at night will be "Loyalty and Liberty."

Pentecost will be observed and celebrated in Bethlehem Lutheran Church, Sixth and Clay Streets. The Rev. E. Meuchke will preach at night in the morning. His subject at night will be "The Great Pentecost Miracle."

The Rev. Dr. Witherspoon, pastor of Grace Street Presbyterian Church, will preach two of his most interesting sermons. The subject of his morning discourse will be "Jesus of Nazareth Passes," and at night his theme will be "Jesus of Nazareth Halting to Bless."

"The Victory of Patience" will be the subject of the sermon to be preached in Grace Street Baptist Church. Charles S. Gardner, his theme at night will be "Jesus on Trial."

The Rev. Dr. J. William Jones will preach in the Soldiers' Home this afternoon at 4 o'clock.

of Richmond, dated Wednesday, December 6, 1857. The paper, despite its sixty-six years of age, is remarkably well preserved.

COME TOGETHER.

Agreement Between Lumber Dealers and Railroads.

Railroad companies and lumber dealers here have reached an agreement concerning the demurrage rules recently promulgated and subsequently modified by the Corporation Commission, affecting the handling of lumber.

The various parties to the agreement are the Atlantic Coast Line, Chesapeake and Ohio; Richmond, Fredericksburg and Potomac; the Seaboard Air Line, and the Southern, the lumber men being Messrs. Ellington and Guy, Lyon and Montague, Miller and Miller, Montague Manufacturing Company, Price, Tallaferra and Company, Tallaferra and Company, and A. I. Shepherd Lumber Company.

The rules of the commission provided that a charge of \$1 per day could be charged by the railroads for failure to remove carloads of lumber from the premises of the carriers after twenty-four hours, the railroads having the right to unload the lumber and place it in the yards of the company. This agreement provides for five days in which to remove lumber before storage charges shall be collectable by the railroads.

For the Ice Mission.

From those who have forethought and great sympathy for the sick and suffering poor, the Ice Mission has already received aid as follows:

Match 24th, Junior Covenanters, Company No. 1, \$1; May 7th, entertainment at Chestnut Hill, \$1.50; total, \$2.50.

WHAT THE KING EATS.

What's Fit For Him.

A Massachusetts lady, who has been through the mill with trials of the usual housekeeper and mother, relates an interesting incident that occurred not long ago. She says:

"I can with all truthfulness say that Grape-Nuts is the most beneficial of all cereal foods in my family, young as well as old. It is food and medicine both to us. A few mornings ago at breakfast my little boy said:

"Mamma, does the King eat Grape-Nuts every morning?"

"I smiled and told him I did not know, but that I thought Grape-Nuts certainly made a delicious dish, fit for a King."

RICHMOND HAS BOY COMPOSER

Master Leslie L. Loth Develops Unusual Musical Talent—"Two Step" Just Published.

The Richmond Two-Step March has just been published by a leading New York music house. The composer is Master Leslie L. Loth, of this city.

The manuscript was so attractive and the music so tuneful and catchy that Mr. Charles Jacob, one of New York's prominent business men, and a cultured musician, purchased the rights.

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It's a fact that the King of England and the German Emperor both eat Grape-Nuts.)

"I find that by the constant use of Grape-Nuts not only as a morning cereal, but also in puddings, salads, etc., made after the delicious recipes found in the little book in each package it is proving to be a great nerve food for me besides having completely cured a long standing case of indigestion." Name given by Postum Co., Battle Creek, Mich.

There is no doubt Grape-Nuts is the most scientific food in the world.

Ten days' trial of this proper food in place of improper food will show in 24 days, stronger nerves, sharper brain and the power to "go" longer and further and accomplish more. There's a reason.

Look in each package for the famous little book, "The Road to Wellville."

ladies concerned in its management, wish to thank, through the press, the mothers of the children who took part in the festival, as they feel that a great measure of the success attained was due to the interest and support of these ladies.

MEET IN ST. LOUIS.

Sons of American Revolution to Have Notable Congress.

The Virginia Society, Sons of American Revolution, met on Friday evening in the Virginia Historical Society building and had an interesting session. This year the National Sons of American Revolution Congress will convene in St. Louis on June 15th. Their constitutional day for assembling is April 30th, but they adjourned to St. Louis on May 15th because the Louisiana Purchase Exposition appointed that date as the day for all Sons of American Revolution, so that the Congress and the General Sons of American Revolution Day will come together.

The Congress, however, will hold over on June 16th, and the Missouri Society, Sons of American Revolution, are making preparations for receiving and entertaining their compatriots splendidly.

The headquarters of the congress will be "The Inside Inn," the only hotel within the Exposition grounds. Its charges will be reasonable and will include admission to the Exposition. The Virginia society delegates to this congress are President Lunsford L. Lewis, First Vice-President J. Staunton Moore, Vice-President General Charles J. Anderson and Harry H. Trice, of Norfolk.

The alternates are Charles E. Smith, Dr. George Ross, George E. Crawford, and William C. Newman, of Hanover county. It is not yet known who will be able to attend, but an effort will be made to give the Virginia society a full delegation, and Sons of American Revolution Day ought to draw some who are not delegates.

Some amendments to the national constitution, proposed by the Ohio society, were considered and rejected last night. A report was made of the delightful excursion to Jamestown, with the Association for the Preservation of Virginia Antiquities on May 14th, and a new member, Mr. A. S. Crawford, of Roanoke, was elected.

MRS. YEAMANS'S RECITAL.

She Will Appear at the Y. M. C. A. Hall Next Tuesday.

Mrs. Jennie Yeamans will give a recital at the Y. M. C. A. Hall next Tuesday.

Mrs. Yeamans has just returned from a concert tour, during which she met with marked success.

The programme for Tuesday night embraces readings never before given in this city, as well as the beautiful society sketch, entitled, "Drifted Apart," in which she will be assisted by Mr. Warbert Caughy.

The powerful reading, "Belshazzar's Doom," will be given by Mrs. Yeamans, and the words will be accompanied by a number of young ladies and gentlemen.

Eastern costumes will be used, and the beautiful effect heightened by lovely light effects, and music arranged by Professor Frank Cosby, specially for the occasion.

May Queen Festival.

The May queen festival, held by Centenary Church, Circle of Industry, in Belvidere Hall, was a great success, and the